

THE MUSE

MEDI SPA

PROFILO & SKIN BOOSTERS AFTERCARE

PROFHILO

Aftercare advice



1. AVOID MAKE-UP FOR UP TO 12 HOURS AFTER TREATMENT
2. AVOID SUNSHINE, SAUNA AND STEAM ROOMS FOR TWO WEEKS AFTER TREATMENT
3. YOU MAY HAVE TEMPORARY TENDERNESS, SWELLING OR BRUISING AROUND THE INJECTION SITES WHICH MAY BE PRESENT FOR UP TO TWO WEEKS AFTER TREATMENT
4. THE FILLER MAY APPEAR LUMPY FOR THE FIRST 5-7 DAYS AFTER TREATMENT DUE TO SWELLING AND THE HEALING PROCESS, THIS WILL SETTLE DOWN IN DUE COURSE
5. AVOID APPLYING PRESSURE TO OR MASSAGING THE TREATED AREA FOR 2-3 DAYS FOLLOWING TREATMENT
6. GENTLY APPLY COOL COMPRESS TO EXTREME SWELLING
7. NO SMOKING AFTER TREATMENT, AND AVOID EXCESSIVE ALCOHOL CONSUMPTION
8. PURCHASE AN ARNICA GEL OR TABLETS FROM PHARMACY TO ASSIST IN HEALING
9. SLEEP ON YOUR BACK THE EVENING AFTER THE PROCEDURE, TO ENSURE FILLER IS NOT DISRUPTED DURING SLEEP.
10. IF IN PAIN FOLLOWING PROCEDURE TAKE REGULAR PARACETAMOL. AVOID IBUPROFEN OR ASPIRIN.
11. THE DURATION OF THE EFFECT IS VERY INDIVIDUAL, SKIN TYPE AND MUSCLE ACTIVITIES ARE FACTORS WHICH CAN INFLUENCE THE LONGEVITY OF THE PROFHILO. COMBINATION TREATMENTS OR SUCCESSIVE TREATMENTS MAY BE REQUIRED FOR OPTIMUM EFFECT.
12. WE RECOMMEND THAT YOU AVOID ALCOHOLIC BEVERAGES AND ANTI-INFLAMMATORY MEDICATIONS BEFORE TREATMENT. FOR THE BEST RESULTS, SCHEDULE AN APPOINTMENT AT LEAST 2 WEEKS PRIOR TO ANY SPECIAL EVENTS.

IF YOU HAVE ANY QUESTIONS OR QUERIES REGARDING ANY OF THE ABOVE PLEASE CONTACT US VIA PHONE OR EMAIL AND WE'LL ADVISE YOU AS BEST WE CAN!

FOR EMERGENCIES (SYMPTOMS LISTED IN POINT 8) PLEASE USE OUR EMERGENCY CONTACT NUMBER 07847875154

SKIN BOOSTERS

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CHECK UPS

Capillary re-fill time

CAPILLARY REFILL TIME IS DEFINED AS THE TIME TAKEN FOR COLOUR TO RETURN TO AN EXTERNAL CAPILLARY BED AFTER PRESSURE IS APPLIED. IT'S IMPORTANT TO TEST YOUR CAPILLARY RE-FILL TIME AFTER DERMAL FILLERS.

WE TEST CAPILLARY RE-FILL TIME TO ENSURE ADEQUATE BLOOD FLOW REMAINS & TO CHECK FOR SIGNS OF BLOOD VESSEL OCCLUSION. HERE IS HOW TO CHECK YOUR CAPILLARY RE-FILL TIME AT HOME.



- PLEASE PRESS THE INJECTED AREA FOR 5 SECONDS AND RELEASE.
- APPLY FIRM PRESSURE AND CHECK FOR TIME TAKEN FOR BLOOD TO COME BACK TO THE SKIN
- YOUR CAPILLARY RE-FILL TIME SHOULD BE UNDER 2 SECONDS. THE SKIN USUALLY GOES FROM WHITE TO NORMAL COLOUR WITHIN THIS SHORT TIME FRAME
- IF CAPILLARY RE-FILL TIME IS SLUGGISH OR IF SKIN REMAINS PALE FOR A PROLONGED PERIOD AFTER APPLYING PRESSURE, PLEASE GET IN TOUCH

FOR EMERGENCIES PLEASE CALL 02038615990 DURING OPENING HOURS OR 07847875154 OUT OF HOURS