

THE  
MUSE

MEDI SPA

CRYOPEN AFTERCARE

# CRYOPEN

## *Aftercare advice 1/2*



1. BLISTERING CAN HAPPEN WITH ANY CRYOTHERAPY TREATMENT. THE CRYOPEN IS THE MOST EFFECTIVE WAY OF AVOIDING BLISTERS AS WE ARE ONLY TREATING THE AFFECTED AREA AND NOT HEALTHY TISSUE. IF A BLISTER DOES APPEAR, PLEASE DON'T POP IT. IT WILL GO DOWN ON ITS OWN. IF IT POPS, WEEPING MAY OCCUR PLEASE ALLOW IT TO DRY AND DO NOT COVER THE AREA.
2. SKIN TAGS TURN BLACK AT THE BASE AND DROP OFF OVER A PERIOD OF ONE TO SIX WEEKS. LARGER SKIN TAGS OF 3MM+ MAY NEED A SECOND FREEZE. |
3. WARTS AND VERRUCAE: IT IS RECOMMENDED IF THEY ARE STILL THERE, WARTS AND VERRUCAE SHOULD BE RE-TREATED 4 WEEKS AFTER YOUR FIRST TREATMENT. THERE IS NO AFTERCARE APART FROM IF THE TREATED AREA DEVELOPS A BLISTER.
4. MILIA: THESE ARE SUPERFICIAL KERATIN FILLED EPIDERMAL CYSTS AND NORMALLY FLATTEN AND DISAPPEAR WITH CRYOTHERAPY QUITE QUICKLY. THERE IS NO NEED TO DO ANYTHING OTHER THAN FOLLOW THE BLISTER ADVICE IF ONE APPEARS
5. PIGMENTATION AND CHERRY ANGIOMAS: THE TREATED AREA MAY RAISE AND LOOK LIKE A BEE-STING. DO NOT WORRY THIS IS PERFECTLY NORMAL. THE REDNESS WILL SUBSIDE IN A FEW HOURS.
6. GENERAL ADVICE FOR ALL SKIN LESIONS IN THE CASE OF ALL LESIONS, OVER THE NEXT 24 HOURS THE AREA WILL GO DARKER AND DEVELOP A CRUST ON THE SURFACE. DO NOT PICK THIS OFF. WHEN IT NATURALLY FALLS AWAY YOU WILL SEE NEW SKIN WHICH IS A SHINY PINK COLOUR. THIS IS NOT SCARRING. IT WILL REPIGMENT OVER THE FOLLOWING WEEKS AND COULD TAKE SEVERAL MONTHS.
7. THE HISTAMINE IN THE AREA WHICH WAS TREATED WILL CREATE AN ITCHY SENSATION FOR BETWEEN TEN AND SIXTY MINUTES, DO NOT WORRY THIS IS PERFECTLY NORMAL.

IF YOU HAVE ANY QUESTIONS OR QUERIES REGARDING ANY OF THE ABOVE PLEASE CONTACT US VIA PHONE OR EMAIL AND WE'LL ADVISE YOU AS BEST WE CAN!

FOR EMERGENCIES PLEASE USE OUR EMERGENCY CONTACT NUMBER 07847875154

# CYRO-PEN

## *Aftercare advice 2/2*



1. THE HISTAMINE IN THE AREA WHICH WAS TREATED WILL CREATE AN ITCHY SENSATION FOR BETWEEN TEN AND SIXTY MINUTES, DO NOT WORRY THIS IS PERFECTLY NORMAL.
2. DO NOT PICK THE TREATED AREA AT ANY TIME AFTER TREATMENT OTHERWISE THE AREA WILL TAKE LONGER TO HEAL. IF A WHEEL/SCAB IS KNOCKED OFF ACCIDENTALLY IT WILL ALSO TAKE LONGER TO HEAL, BUT YOU SHOULD STILL HAVE THE SAME OUTCOME OF A SUCCESSFUL TREATMENT.
3. PLEASE USE A SPF FACTOR 50 ON ANY PIGMENTATION REMOVAL UNTIL IT HAS RE-PIGMENTED, THIS MAY TAKE UP TO EIGHT WEEKS.
4. YOU CAN CONTINUE TO USE MAKE UP, DEODORANT OR PERFUMES ON TREATED AREAS BUT TRY AND LEAVE THESE FOR UP TO 24 HOURS POST TREATMENT. PLEASE KEEP THE AREA DRY FOR 24 HOURS.
5. IF THE SMALL CRUST HAS NOT FALLEN OFF AFTER FOUR WEEKS PLEASE WAIT UNTIL IT HAS DONE SO BEFORE CONTACTING THE CLINIC OR COMING FOR ANOTHER TREATMENT. SKIN SOMETIMES TAKES SEVERAL WEEKS AND EVEN MONTHS TO REGENERATE.
6. IF THE SKIN BEING TREATED IS TANNED PLEASE REMEMBER THE HEALING SKIN WILL NO LONGER BE TANNED. IT WILL EVENTUALLY RE-PIGMENT AS IT MATURES.
7. PERMANENT ALOPECIA CAN OCCUR IN A TREATED AREA WHICH IS USUALLY COVERED WITH HAIR.
8. TREATMENTS THAT DO NOT HEAL AFTER SIX WEEKS SHOULD BE REVIEWED BY YOUR DOCTOR OR DERMATOLOGIST. PLEASE CONTACT US TO TELL US IF THIS HAPPENS

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